



Athletics

Vernon Campus 4400 College Drive, Vernon, TX 76384 (940) 552-6291 Phone (940) 552-0075 Fax

Athletic Trainer
Jason M. Jenkins
Ext. 2289

Baseball
Kevin Lallmann
Ext. 2326

Rodeo
Chad Smith
Ext. 2254

Softball
Melvin Jenkins
Ext. 2262

Volleyball
Cole Tallman
Ext. 2284

To the Athletic Training Student Applicant:

The following is a list of requirements for acceptance into the Vernon College Athletic Training Program:

- Become accepted to Vernon College
- Completed Athletic Training application
- Site visit and interview with the Head Athletic Trainer

Vernon College recommends the following courses to be taken by the athletic training student in order to become accepted into a four (4) year NATA Accredited program:

- 3 hours BIOL 1322 Nutrition and Diet Therapy
- 8 hours BIOL 2401 & 2402 Anatomy and Physiology I & II (must have a C in both courses)
- 6 hours ENGL 1301 & 1302 Composition I & II
- 3 hours ENGL TBS Sophomore English
- 6 hours HIST 1301 & 1302 United States History I & II
- 6 hours GOVT 2301 & 2302 American Government I & II
- 6 hours MATH 1314 College Algebra and MATH 1316 Plane Trigonometry
- 3 hours COSC 1301 Microcomputer Applications
- 3 hours SPCH 1315 Public Speaking
- 3 hours PSYC 2301 General Psychology
- 3 hours DRAM 1310 Introduction to Theater or MUSI 1306 Music Appreciation
- 3 hours PHED 1306 First Aid
- 2 hours PHED 1105 Weight Training & Conditioning and PHED 1106 Physical Conditioning
- 3 hours PHED 1304 Personal/Community Health I
- 1 hour PHED 2156 Taping and Bandaging
- 3 hours PHED 2356 Care and Prevention of Athletic Injuries

Vernon College is a two (2) year college. The student who wishes to pursue a career in Athletic Training must transfer to a four (4) year college/university to complete his/her academic and intern requirements. The following courses are required before the student will be able to become an Athletic Trainer:

- Human Anatomy
- Kinesiology or Biomechanics
- Physiology of Exercise
- Health, Disease, Nutrition, Fitness, Emergency Care, First Aid, or Drug & Alcohol Education
- Athletic Training, Sports Medicine, or Care & Prevention of Athletic Injuries
- Advanced Athletic Training, Advanced Sports Medicine, or Assessment of Injury
- Therapeutic Exercise, Rehabilitation, or Therapeutic Modalities

Along with the academic requirements the student must also complete a total of 1800 clock hours supervised by a Texas State Licensed Athletic Trainer. These hours must be completed during at least 5 fall and/or spring semesters. While enrolled at Vernon the student will complete 1200 of the required 1800 hours. While practicing as an Athletic Training Student at Vernon College the student will also remain certified in First Aid and CPR.

Jason M. Jenkins, M.S.E., ATC, LAT
Head Athletic Trainer/Asst. Athletic Director